

IF I SAID YOU HAD A BEAUTIFUL BODY CHA

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MUSIC: Song: If I Said You Had A Beautiful Body Artist: Bellamy Brothers
Music Media Source: Album: Best of the Bellamy Brothers, Download available from
Walmart.com
Music Modified: No BPM/MPM: 118/29.5 TIME@BPM: 3:15@118

FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
RHYTHM: Cha RAL PHASE: III + 2 [Alemana, Hip Rocks]
SEQUENCE: INTRO AB AB A END

MEAS:

INTRODUCTION

1-4

WAIT; LADY CUCARACHA 2X;; 2 HIP ROCKS TO BFLY;

- 1 {WAIT} M fcg ptr & wall about 2 feet apt no hnds jnd wait 1 meas ;
- 2 {CUCACHA} M hold & observe lady, -, -, - (W sd R, rec L, cl R/stp L, stp R in place) ;
- 3 {CUCACHA} Hold, -, -, - (W sd L, rec R, cl L/stp R, stp L in place) ;
- 4 {HIP RKS} Rk sd L rolling hip sd & bk, -, rk sd R rolling hip sd & bk, blending to BFLY (W rk sd R rolling hip sd & bk, -, rk sd L rolling hip sd & bk, blending to BFLY) ;

PART A

1-4

BASIC;; FENCE LINE 2X;;

- 1-2 {BASIC} Fwd L, rec R, sd L/cl R, sd L (W bk R, rec L, sd R/cl L, sd R) ; bk R, rec L, sd R/cl L, sd R (W fwd L, rec R, sd L/cl R, sd L) ;
- 3 {FENCE LINE} BFLY X lun thru L w/ bent knee looking to right, rec R trng to fc ptr, sd L/cl R, sd L (W BFLY X lun thru R w/ bent knee looking to left, rec L trng to fc ptr, sd R/cl L, sd R) ;
- 4 {FENCE LINE} BFLY X lun thru R w/ bent knee looking to left, rec L trng to fc ptr, sd R/cl L, sd R (W BFLY X lun thru L w/ bent knee looking to right, rec R trng to fc ptr, sd L/cl R, sd L) ;

5-8

HALF BASIC; WHIP TO FACE COH; NEW YORKER 2X;;

- 5 {1/2 BAS} Fwd L, rec R, sd L/cl R, sd L (W bck R, rec L, sd R/cl L, sd R) ;
- 6 {WHP} Bk R commence 1/2 LF trn, rec fwd L comp 1/2 LF trn to fc ptr & COH, sd R/cl L, sd R (W fwd L, fwd R trng LF 1/2 to fc ptr & wall, sd L/cl R, sd L) ;
- 7 {NY} Thru L w/ straight leg to sd by sd pos, rec R to fc ptr, sd L/cl R, sd L (W thru R w/ straight leg to sd by sd pos, rec L to fc ptr, sd R/cl L, sd R) ;
- 8 {NY} Thru R w/ straight leg to sd by sd pos, rec L to fc ptr, sd R/cl L, sd R (W thru L w/ straight leg to sd by sd pos, rec R to fc ptr, sd L/cl R, sd L) ;

9-12

CHASE PEEK-A-BOO;;;

- 9-12 {CHS PEEK-A-BOO} Fwd L trn 1/2 RF, rec fwd R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R) ; sd R looking over L shldr, rec L, cl R/in place L, in place R (W sd L, rec R, cl L/in place R, in place L) ; sd L looking over R shldr, rec R, cl L/in place R, in place L (W sd R, rec L, cl R/in place L, in place R) ; fwd R trn 1/2 LF, rec fwd L, fwd R/cl L, fwd R (W fwd L, rec R, bk L/cl R, bk L) ;

13-16

HALF BASIC; WHIP TO FACE WALL; NEW YORKER 2X;;

- 13 Repeat meas 5 of Part A ;
- 14 Repeat meas 6 of Part A except M ends fcg wall & W ends fcg COH ;
- 15-16 Repeat meas 7-8 of Part A ;;

PART B

1-4

ALEMANA;; LARIAT TO BFLY;;

- 1-2 {ALEMANA} Fwd L, rec R, sd L/cl R, sd L leading W to trn RF (W bk R, rec L, sd R/cl L, sd R) ; bk R, rec L, sd R/cl L, sd R (W fwd L trn RF 1/2 undr jnd lead hnds, fwd R trn 1/2 RF to M's R sd, sd L/cl R, sd L) ;
- 3-4 {LRT} Rk sd L, rec R, cl L to R/ in place R, in place L (W circ M clockwise w/ jnd lead hnds fwd R, fwd L, fwd R/cl L, fwd R) ; rk sd R, rec L, cl R to L/ in place L, in place R blending to BFLY (W fwd L, fwd R, fwd L/cl R, sd L endg fcg M in BFLY) ;

5-8

SHOULDER TO SHOULDER 2X;; BREAK BACK TO OPEN LOD; WALK;

- 5 {SHLDR-SHLDR} Fwd L to SCAR, rec R to fc, sd L/cl R, sd L (W bk R to SCAR, rec L to fc, sd R/cl L, sd R) ;
- 6 {SHLDR-SHLDR} Fwd R to BJO, rec L to fc, sd R/cl L, sd R (W bk L to BJO, rec R to fc, sd

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L/cl R, sd L) ;

7 {BRK BK TO OP} Trn LF 1/4 to fc OP LOD stp bk L, rec fwd R, fwd L/cl R, fwd L (W trn RF
_ to fc OP LOD stp bk R, rec fwd L, fwd R/cl L, fwd R) ;

8 {WLK} Fwd R, fwd L, fwd R/cl L, fwd R (W fwd L, fwd R, fwd L/cl R, fwd L) ;

9-12**SLIDING DOOR 2X;; WALK; SPOT TURN TO FACE;**

9 {SLDG DR} Rk apt L, rec R releasing hnds, XLif changing sds still fcg same direction M X
bhd W/sd R, XLif- joining lead hnds (W rk apt R, rec L releasing hnds, XRif changing sds
still fcg same direction while Xif of M/sd L, XRif joining lead hnds) ;

10 {SLDG DR} Rk apt R, rec L releasing hnds, XRif changing sds still fcg same direction M X
bhd W/sd L, XRif joining trail hnds (W Rk apt L, rec R releasing hnds, XLif changing sds still
fcg same direction while Xif of M/sd R, XLif joining trail hnds) ;

11 {WLK} Fwd L, fwd R, fwd L/cl R, fwd L (W fwd R, fwd L, fwd R/cl L, fwd R) ;

12 {SPT TRN} Fwd R trn 1/2 LF to fc RLOD, rec L trn 1/4 LF to fc ptr, sd R/cl L, sd R (W fwd L
trn 1/2 RF to fc RLOD, rec R trn 1/4 RF to fc ptr, sd L/cl R, sd L) ;

13-16**CHASE TO BFLY:::**

13-14 {CHS} Fwd L trn 1/2 RF, rec fwd R, fwd L/cl R, fwd L (W bk R w/ no trn, rec L, fwd R/cl L,
fwd R) ; fwd R trn 1/2 LF, rec fwd L, fwd R/cl L, fwd R (W fwd L trn 1/2 RF, rec fwd R,
fwd L/cl R, fwd L) ; fwd L, rec R, bk L/cl R, bk L (W fwd R trn 1/2 LF, rec fwd L, fwd R/cl
L, fwd R) ; bk R, rec L, fwd R/cl L, fwd R endg in BFLY (W fwd L w/ no trn, rec R, bk L/cl
R, bk L endg in BFLY) ;

REPEAT PART A**REPEAT PART B****REPEAT PART A****END****1-4****BASIC;; FORWARD BASIC LADY WRAP; UNWRAP TO BFLY;**

1-2 Repeat meas 1-2 Part A

3 {FWD BAS LADY WRAP} Fwd L, rec R, bk L keeping hnds jnd bring trailing hnds down to
waist level between ptrs while bringing lead hnds up and between ptrs to trn W LF
bringing lead hnds down to chest level/cl R, in place L (W bk R, rec L, fwd R w/ slight X to
M's R sd trng LF 1/2 undr jnd lead hnds to wrapped position fcg wall/cl L, stp in place R) ;

4 {UNWRP} Bk R, rec L, cl R to L raising left hnd to start W to trn 1/2 RF to fc M/in place L, in
place R blending to BFLY wall (W bk L, rec R, fwd L raising right hnd & trn 1/2 RF to fc M/cl
R, in place L blending to BFLY COH) ;

5-6**CUCARACHA 2X;; HOLD;**

5 {CUCA} Sd L, rec R, cl L/ in place R, in place L (W sd R, rec L, cl R/ in place L, in place R) ;

6 {CUCA} Sd R, rec L, cl R/ in place L, in place R (W sd L, rec R, cl L/ in place R, in place L) ;

7 {HOLD} Hold position as music fades ;